

Scientists Serious About "Electricity Sickness"?

KIIMA

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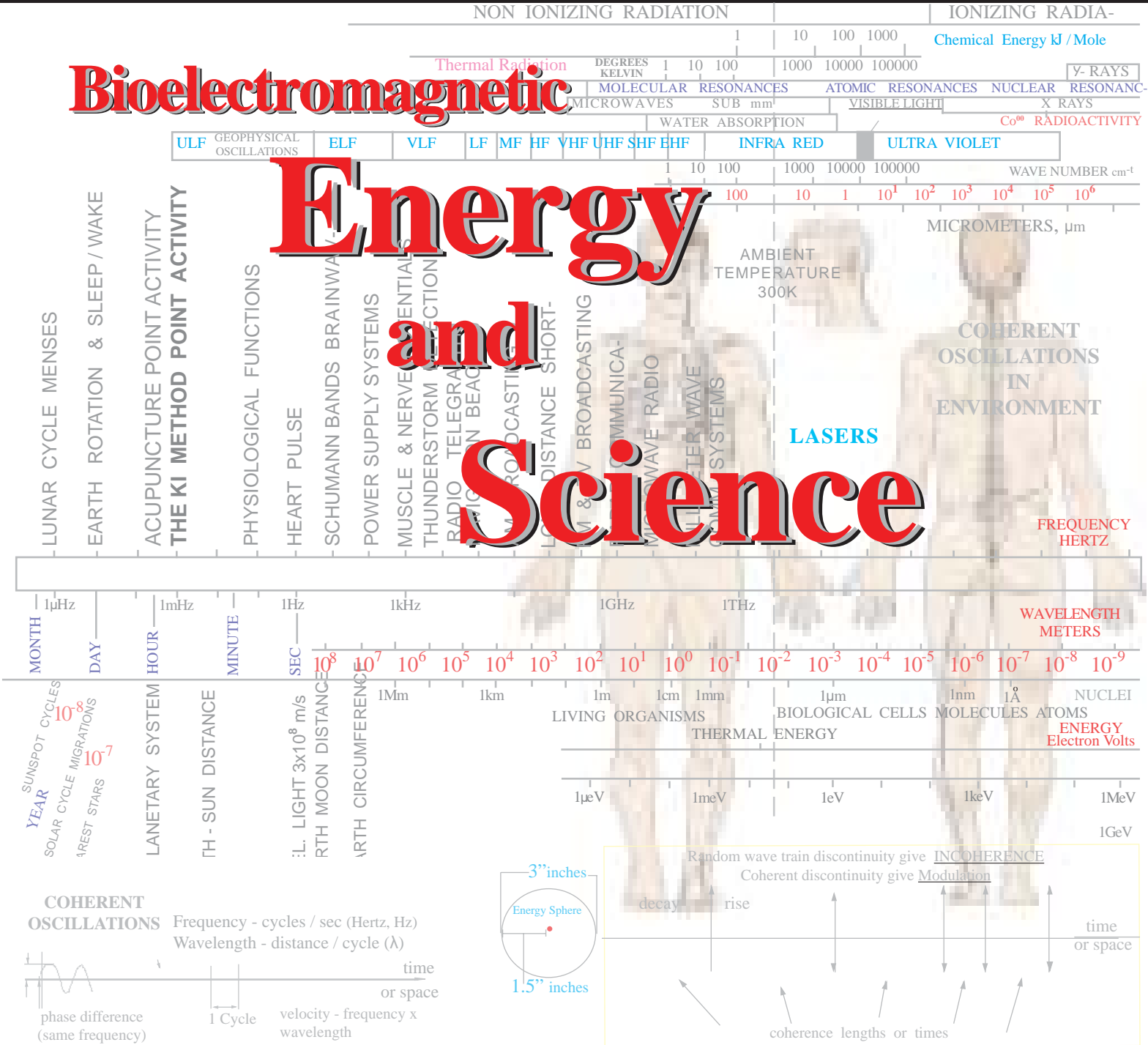
Issue 3

Bioelectromagnetic

Energy

and

Science



Commonly Prescribed Antibiotic Implicated In Autism
Prostate Cancer Support

Extraordinary Alternative Medicine for Extraordinary Results

A Spiritual Man Sees What He Believes! A Non-Spiritual Man Believes What He Sees.

KIMA Journal

The King Institute Method Association®
Journal

Director
Glenn King

Editor
Christine Dao

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Notice:

This issue contains important graphs and charts, not previously published, related to the cover story articles throughout the Journal.

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Send inquiries to:
KIMA Subscription
PO Box 118495
Carrollton, TX 75011

Additional information can be located on our website at: www.kinginstitute.org

Notes from the Director

We are undergoing many changes during 2005 and your patience and understanding are appreciated.

In 2006, we will start to see the fruit of the changes that are taking place, which will benefit many people around the world. Among those who will benefit are those who have been faithful students and those who are serious in helping others with TKM®. God will reward you for helping those in need! And, starting in 2006, we will be better able to assist as well.

I also want to thank those who have supported the *KIMA Journal* by subscribing and promoting this *Journal* to others as a worthy subscription and a support for the Institute's outreach with TKM®

As the amount of subscribers greatly increase, we will be able to decrease the annual subscription fee. We're also considering an option of an online access by password only, as well as the mailed *KIMA Journal*. You remain in our prayers, and we thank you for your prayers! God Bless each of you!

Glenn King
Director



Bioelectromagnetic Energy and Science

Does Western Science Understand Energy Points and Pathways?

Let's talk about acupuncture.

What is Acupuncture?

Acupuncture is the technique of placing fine needles at various points on the body, which is said to stimulate healing. New to the West, acupuncture has been used for centuries in Chinese and Oriental medicine. In this system, there are critical body points (known as acupoints) located on the skin. These acupoints are unique areas where electrical resistance is 10 to 20 times lower than any other place on the skin. Acupoints are located along circuits or pathways known as "meridians." According to Chinese theory, meridians carry a type of life energy termed ch'i. The Chinese believe this energy comes from three sources:

1. Ancestral ch'i, or the energy we inherit from our parents.
2. Energy from the foods we eat.
3. Energy from the environment.

According to this theory, illness is mainly due to an imbalance in the flow of ch'i energy to the organs. The ancient Chinese considered that the balance and transmission of ch'i energy from side to side, top to bottom and from inside to the surface of the body was of great importance. They expressed this idea using the doctrine of Yin and Yang, which considers that everything in the universe is an amalgam of opposites.

They believed there was a dynamic balance between these two opposites and if one was out of balance, in an energetic sense, illness would ensue. The principle of treatment was to re-establish that balance.

Paving the Way

Although reports of acupuncture have been recorded in the West since the 1800's, it wasn't until the 1970's that this method of therapy became well publicized.

New York Times columnist James B. Reston traveled to China as part of an advance team before President Nixon's 1971 visit when he suffered an acute attack of appendicitis. His appendix was removed in an emergency procedure at a Chinese hospital. Reston suffered severe postsurgical pain, which was treated with acupuncture while he was in the hospital. Reston's reports of his experiences with Chinese medicine helped open the doors of Western medicine to explore alternative medicine.

Doctors theory of the "placebo affect" in Reston's case was later proven false because animals (who couldn't possibly respond to suggestion) have also responded to the analgesic properties of acupuncture.

French Study Provides Scientific Proof of Energy Pathways

In the 1960s, Western scientists developed a special tissue-staining technique that allowed these meridians to be identified in rabbits. Western scientists ignored this research until the 1980s when two French researchers, Dr. Claude Darras and Dr. Pierre De Vernejoul repeated the experiment using radioactive tracers on human beings.

They injected and then twirled radioactive technetium into the acupoints of patients and used nuclear scanning equipment to follow the flow of technetium.

They also injected non-acupoints. At non-acupoints, the radioactive tracer diffused outward from the injection site into circular patterns.

When the true acupoints were injected, the radioactive technetium followed the exact pathways as the acupuncture meridians in the ancient charts of the human body!

The researchers also found that when acupuncture needles were inserted into distant acupoints along the same tracer-labeled meridians and then twirled, a change was produced in the rate of flow of the technetium through the meridians. This research supported the ancient Chinese claim that the acupuncture needle stimulation affected the flow of energy through the body's meridians.

The National Institute of Health (NIH) Consensus Statement on Acupuncture

Consensus statements were prepared by a non-advocate, non-Federal panel of experts based on presentations by investigators working in areas relevant to the consensus. On November 5, 1997 the panel that convened to consider acupuncture produced the following statement:

"Acupuncture as a therapeutic intervention is widely practiced in the United States. While there have been many studies of its potential usefulness, many of these studies provide equivocal results because of design, sample size and other factors. The issue is further complicated by inherent difficulties in the use of appropriate controls, such as placebos and sham acupuncture groups. However, promising results have emerged, for example, showing efficacy of acupuncture in adult post-operative and chemotherapy nausea and vomiting and in post-operative dental pain.

There are other situations such as addiction, stroke rehabilitation, headache, menstrual cramps, tennis elbow, fibromyalgia, myofascial pain, osteoarthritis, low back pain, carpal tunnel syndrome and asthma where acupuncture may be useful as an adjunct treatment, an acceptable alternative or be included in a comprehensive management program. Further research is likely to uncover additional areas where acupuncture interventions will be useful."

For the full text and more information on the statement, go to:
<http://consensus.nih.gov/> (vol.15 no.5) and
http://odp.od.nih.gov/consensus/cons/107/107_intro.htm

NIH Says Medical Problems Can Be Helped by Acupuncture

Before being treated for any disease, it is important to receive a proper diagnosis. Conventional medicine offers therapy for many conditions. Many people who seek out acupuncture have already been to a number of different medical specialists, and a correct diagnosis may have been made. But conventional medical treatments may not have been successful to the patient's satisfaction. Like any therapeutic modality, acupuncture is not 100 percent effective, but many medical conditions seem to respond favorably.

Source: World Health Organization, United Nations. "Viewpoint on Acupuncture." 1979 (revised).

Continued on page 2

Tiny Needles, Huge Effect The Largest Acupuncture Studies Worldwide

First Results Now Available,
Randomized Studies Begin
Bochum, January 29, 2002 No. 30

At just the point where conventional treatment methods no longer work, medical procedures such as acupuncture serve as the last resort for many patients. But how effective is acupuncture? The world's largest acupuncture studies, GerAc (German Acupuncture Trials), are getting to the bottom of this question, and the first results of the cohort study involving about 40,000 patients are now available.

It appears that acupuncture is a fairly sure form of treatment. Researchers have, as yet, determined next to no undesired effects of the treatment—on the contrary, 89.9 percent of the patients experienced improvement in their respective conditions. In order to objectify these results, the randomized studies will now begin. GerAc thus enters its deciding phase.

Comprehensive background information on the GerAc studies can also be found in the internet under <http://www.gerac.de>

Sharing the Load

The German National Committee of Doctors concluded their discussion on acupuncture in October 2000, when they determined to test acupuncture treatment according to a research model on patients suffering certain ailments.

In March 2001, GerAc, got under way. The Department of Medical Informatics, Biometric and Epidemiology (Dr. Hans-Joachim Trampisch) of the Department of Medicine at the Ruhr-University in Bochum is in charge of the study. Biometrists, doctors of orthodox medicine and acupuncture specialists have gone beyond the limits of their fields to work together in getting the GerAc studies going.

The studies are also something exceptional in the history of Germany's public health insurance agencies. Disregarding agency "borders" and competitive thinking, the public insurance agencies AOK, BKK, IKK, Bundesknappschaft, Landwirtschaftliche Sozialversicherung and the See-Krankenkasse are taking part in the model trials.

Economically Relevant Ailments

In the next few years, the insurance agencies will primarily be subsidizing the treatment of economically relevant ailments included in the model project, such as chronic joint wear, tension headaches and migraines, and chronic lower back pain. In all, they are spending an estimate of 7.5 million Euros on GerAc.

The Cohort Study

The goal of the cohort study is to get quantitative statements on the undesired effects of the individual forms of therapy from a large sample size of patients. The first results of the cohort study are now available. About 7,300 accredited doctors treated a total of 40,123 patients by the middle of October 2001.

The patients were on average about 58 years old, the male patients averaging three years younger than the female patients. Elderly patients were also treated with acupuncture, the number of patients over 80 amounted to about five percent, whereas the number of patients treated who were under 20 was less than one percent.

About half of the patients were treated for back pain, 26 percent for headaches and just over 10 percent were sufferers of knee or hip arthrosis. The remaining patients were either treated for more than one symptom, or—to a very small extent—the area of affliction was poorly documented. Researchers were able to determine relief of patients' respective ailments 89.9 percent of the time. In 50.7 percent of the cases, relief came in less than two weeks' time (generally after 4 treatments). In 7.7 percent of the cases less than 10 sittings were necessary, and in 2 percent more than 10 treatment sessions were needed. Severe undesired effects were experienced very seldom; the figures for local infections or susceptibility to collapse remained well below 1 percent. There have also been no deaths.

Start of the Random Studies

Now the randomized studies will also begin. In about three years, this phase should be able to show in black and white whether acupuncture is applicable to certain forms of chronic pain and, more importantly, how effective it is in comparison to conventional Western methods. The goal is to test the lasting pain-reducing effect of acupuncture. Scientists want to find the best possible form of therapy for chronic pain sufferers. GerAc compares the established standard therapy recommended by leading experts to the pain relief afforded by two different types of acupuncture treatments—one of these being the form following the teachings of traditional Chinese medicine ("Verum"-acupuncture), and the other being an unspecific form developed specially for the purpose of this study ("Sham" acupuncture = acupuncture using "fake" points).

What the GerAc Studies Reveal

Previous studies on the subject of acupuncture indicate to an extent a glaring lack of method and skill. The connections of this study

to the Biometric Institutes of the Universities of Heidelberg, Marburg, Mainz and Bochum ensure its utmost quality. In the cohort study alone, 400,000 bits of treatment data were received. GerAc is not only the largest research project in this field on a national or European level, but it is also the largest such study worldwide. Tests conducted in the American realm of research, in comparison, contain data—at the most—from fewer than 10,000 treated patients. The average is closer to 2,000.

Ensured Data Quality

About 40,000 doctors treat with acupuncture in Germany. Of these, only about 15,000 have a basic level of certified training and 1,500 have advanced certification. Only doctors with at least a basic level of certification may take part in the study. This ensures data quality for GerAc on the part of the therapists.

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Body Biography Corner

Pigeon-breasted or protruding chest (L&R rib cage protruding).

Example: Especially the upper chest rib cage is protruding to a small or large degree. Ribs may also be separating between ribs. Legs may also have some weakness. In these cases there may be overall weakness in muscles, which could be slight to severe.

Support: The E.S. #15 is very vital for this situation. The energy is chronically congested in the chest and needs to descend. Therefore, the #15 sequence is good, and the 2nd sequence for correcting the trinity is better. The entire sequence is to help the 15's and focuses on the chest level and spine. There is a very helpful quick step that appears to deflate the congested energy in the chest while holding it, at times. Simple hold #15 and same side #8 for twenty minutes or longer. Hold one side then the other.

Note: Some women have reported that it look like their breasts were larger afterwards, although it is an optical illusion, it is simply due to the deflation of the rib cage.

Commonly Prescribed Antibiotic Implicated in Autism

In a study released this year, the antibiotic Augmentin™ has been implicated in the formation of autism. The study published in Medical Hypotheses strongly suggests the possibility of ammonia poisoning as a result of young children taking Augmentin.

Yonkers, NY (PRWEB) January 5, 2005 — In a study released this week, the antibiotic Augmentin™ has been implicated in the formation of autism. The study strongly suggests the possibility of ammonia poisoning as a result of young children taking Augmentin. Augmentin has been given to children since the late 1980's for bacterial infections. Composed of amoxicillin and clavulanate potassium, Augmentin has proven a potent antibacterial, especially for ear infections which quickly become resistant to amoxicillin alone.

The manufacture of Augmentin™ involves the fermentation of clavulanic acid. The fermentation process involves large amounts of urea/ammonia. Ingested ammonia can potentially injure the intestines of small children as well as brain and nervous tissue. Even a small residue of urea/ammonia can potentially induce a substantial brain inflammation or abnormality.

The study, published in Medical Hypotheses, (2005 64, 312–315) examines 206 children under the age of 3 diagnosed with autism. These children were found to have a significantly higher number of ear infections than the general pediatric population. These same children received, on average, 12 courses of antibiotics representing a sum total number of 2480. Of the 2480, 893 of these courses were Augmentin with 362 of those given under the age of 1 year.

Dr. Joan Fallon, scientist, autism researcher and author of the study, states that, "Augmentin is one of the most widely prescribed drugs for children. Its introduction into the marketplace for use in the treatment of childhood illnesses corresponds with the significant increase in the incidence of autism. It is possible that some children, especially those with immaturity, or others at risk for developmental disorders can be injured by taking this drug. It is imperative that further research be undertaken to determine if a subset of children are at risk for neurotoxicity due to the use of clavulanate or clavulanic acid in pharmaceutical preparations - especially Augmentin."

Prostate Cancer Support

An Article from Today's Most Promising Health Break-

throughs -A Health Alert Publication by Dr. Bruce West

Dr. West explains that despite a major hoopla over the new *prostate specific antigen (PSA)* test, concurrent biopsies and an early aggressive treatment for prostate cancer, the best treatment for most men is no treatment at all. Here are the facts according to Dr. Bruce West:

1. Most cases of prostate cancer grow so slowly that they rarely become life-threatening.
2. For men who are under age 70, early detection and radical treatment may increase life by *less than one year*, but complications are too severe to warrant prostatectomy (removal of the prostate).
3. Approximately *one* in 380 men with prostate cancer will die of the disease.
4. In a major study from Sweden, men of median age 72 and who had prostate cancer were observed for over ten years. After ten years, the cancer death rate was 8.5% for the men who received *no treatment*. The cancer death rate for American men who were treated aggressively (PSA testing, drugs, and prostatectomy) is 15%.
5. The American Cancer Society and the National Cancer Institute have long advocated yearly rectal exams for men over age 40. This screening is now being escalated to recommendations for a PSA blood test for men over age 50. Both these tests are absolutely meaningless given the new results of testing. There is no reason to search for early prostate cancer when the optimum treatment is no treatment at all.
6. The PSA test is being pushed through a "Prostate Awareness" campaign, which is promoted by the pharmaceutical companies.

They produce drugs to treat all types of prostate problems.

7. The PSA test is ridiculous at best. More than one-third of all men with prostate cancer will have a *normal PSA* test. And the rate of a positive test for men with *no cancer* is even higher.

8. The positive PSA tests foster lots of biopsies to test further for prostate cancer. This is also a ridiculously useless endeavor, given the facts.

9. When biopsies are positive, many if not most doctors will opt for a radical prostatectomy. This is even more absurd. The risks of this procedure are severe. Within a month, 8% of men will suffer cardiovascular complications and 2% will die. Impotence, bladder problems, and bowel obstruction are not uncommon.

Despite all this data, Medicare claims show very sharp *increases* in the rate of prostatectomy!

Prostate Care

Dr. West believes that prostate problems stem from a lifelong ingestion of poor quality fats. These include hydrogenated fats and omega-6 type fats found in fast foods and most processed foods. When coupled with a *deficiency* of omega 3 fats and certain minerals, you have a major inducement for enlargement and chronic inflammation of the prostate gland.

It takes upwards of 50 years of this type of dietary stress before the prostate actually begins to show signs of disease. In some cases, the disease can be reversed with proper dietary changes.

For starters, all men should eat fresh, whole foods and reduce their intake of processed foods.

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Further Information: Prof. Dr. Hans-Joachim Trampisch, Department of Medical Informatics, Biometric and Epidemiology, Department of Medicine of the Ruhr-University of Bochum, Tel. 0234/32-27790, Fax: 0234/32-14325, E-Mail: info@gerac.de, Internet: <http://www.gerac.de>

Let's Talk TKM

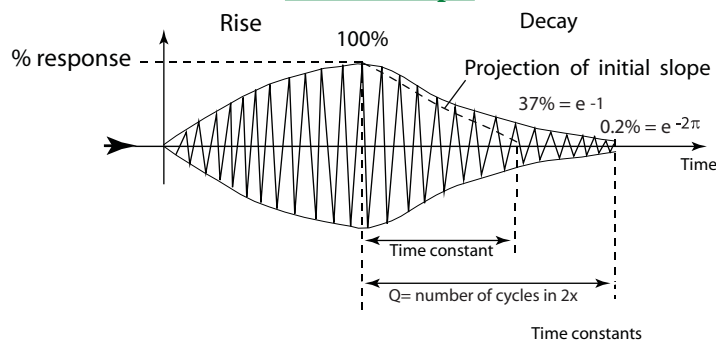
Dr. King studied acupuncture before TKM but no longer utilizes acupuncture. The simple reason is that TKM far exceeds the effectiveness of acupuncture and does not incur any of the negative side effects that different forms of acupuncture practice can cause.

King says that such approaches of treating the energy systems of the body as "stimulation by irritation." These forms of stimulation by irritation are far less effective, lack being comprehensive in treatment, often incur repercussions and treat more symptomatically rather than at the true cause level. He further explains that he has treated many people over the years that have directly come from such treatments where the patient has been damaged in some way, most commonly neuralgia type pain symptoms. King says, they receive relief by applying TKM from what was incurred by the invasive practices, plus from what they originally sought help to be treated.

This is why King has, over time, ceased all invasive treatment approaches and replaced them with TKM, which surpasses all other comparable methods. It is by no means the "cure all" for everything, but it is a vital missing link in the physical, mental and emotional health recovery process. It's an extraordinary health maintenance aid that stands alone in its accomplishments.

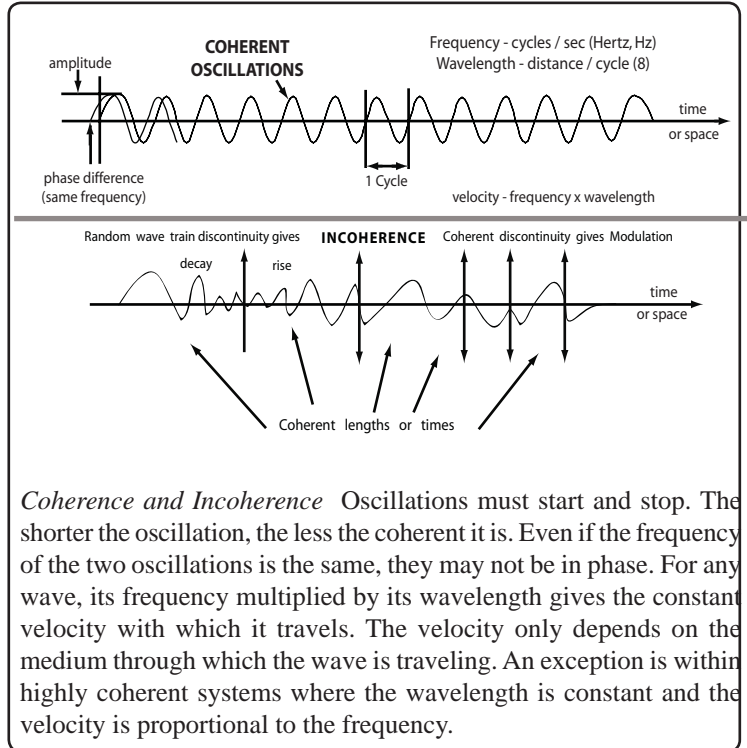
The French study has also helped validate TKM to the medical and scientific world. Based on accepted scientific theories, everything that exists in the universe of any form of matter consists of molecules that consist of atoms containing non-matter quarks, which are light or energy sources continuously oscillating in particular patterns. These oscillations have wavelengths which determine frequency. The frequency multiplied by the wavelength equals velocity, which determines what we call the range or effectiveness of resonance. The diagram below not only explains the basics of a resonant system, which is basic science, but provides understanding of what is happening in the human cells of the body and within molecules and atoms. This range involves both classic and quantum physics. The congruency is very exciting.

Basic Concepts



The quality (Q) of a resonant system is the ratio of the energy stored/energy lost per cycle. It expresses the sharpness of resonance and response rate.

Figure A: Resonance Response Rate The more precise an oscillator is in frequency (the 'sharper' its resonance) the longer it takes the oscillation to build up and decay. The sharpness of a resonance is called its quality (Q) and is the reciprocal of the fractional 'bandwidth' or 'selectivity' obtained. **Important Note:** In the interaction of oscillations with living systems, the incoherent are not recognized; coherent, in-phase oscillations can write information into a memory or store; coherent out-of-phase oscillations can erase stored information (Popp, 1979).



Coherence and Incoherence Oscillations must start and stop. The shorter the oscillation, the less the coherent it is. Even if the frequency of the two oscillations is the same, they may not be in phase. For any wave, its frequency multiplied by its wavelength gives the constant velocity with which it travels. The velocity only depends on the medium through which the wave is traveling. An exception is within highly coherent systems where the wavelength is constant and the velocity is proportional to the frequency.

The resonance of the frequency is the most encompassing aspect of how TKM effects numerous biological functions. When one or two energy spheres are stimulated by touch according to TKM applications, local stimulation occurs at the energy sphere point. Another action occurring simultaneously is energy movement along the pathway(s) between two points being stimulated. This action performs something similar to a rotor rotor action explained as clearing the path for proper circulation, which is actually enhancing conductivity and re-establishing coherence. A third aspect of stimulation is called the resonance factor. When the wavelengths, frequencies and resonance are coherent and stimulated naturally, the vibrations can increase by a multiple of 10. This greatly increases the amount of resonance and range of the resonance to produce a much greater influence on every related frequency in the body to become coherent and increase its resonance. This state of coherent resonating by a multiplication of 10 is documented in physics as a rejuvenating and healing state.

This is another aspect that makes TKM so unique, according to research in physics, in accomplishing seemingly miraculous healing and without any repercussions. As King explains, "Nothing can match or replace what God has created. When you use the hands that God created on the body and wait for His natural process to take place according to the understanding God has provided us, healing can happen in a deep and encompassing way."

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They should eliminate or limit their alcohol intake. Most important, they should use an omega-3 supplement (a tablespoon of raw flax oil daily is an excellent source).

In addition, zinc is helpful to most men with prostate problems. We use two to three *Chezyn* tablets daily. With 20 to 40 mg of zinc, a tablespoon of flax oil, dietary changes, and some exercise, most men will be able to improve prostate function naturally. In problem cases, a prostate protomorphogen (tissue extract) and an omega-3 concentrate are additionally needed. We use *Prostate* (3 tablets daily) and *Cataplex F* (3 tablets daily) with success; both items, along with *Chezyn*, are produced by Standard Process Labs.

Often the dose of *Cataplex F* needs to be adjusted. It's sometimes necessary to take up to nine tablets daily (3 per meal) to get the results you need. You can usually determine the appropriate dosage for your needs in 30 to 60 days. Additionally, products you can get in the health food store containing serenoa repens, saw palmetto and pygeum are also helpful. Although our tests show that these products are not as effective as *Cataplex F*, some men use them in addition to the outlined protocol. Some experimentation may be needed to determine the best results.

NOTES: HealthFacts, Vol. 28, No. 170 (July 1993). z Journal of the American Medical Association, 26 May 1993.

Notice Concerning the KIMA Journal's Coupons

We offer coupons in each *Journal* to reward subscribers for their membership and provide extra incentive for non-members to subscribe to the KIMA Journal.

Some people have taken advantage of this by purchasing a single *Journal* just for the purpose of obtaining a class coupon. In fact, it became an issue on how to "take advantage" of the opportunity without being a subscriber. This is not allowed and has to stop.

We get great feedback of the benefit of the coupons from subscribers, therefore we want to continue to offer them. But we have had to shorten the time period when they can be used and limit the use of any coupons to subscribers only, which is now printed on each coupon.

Scientists Serious About 'Electricity Sickness'?

For the first time, scientists and health advisers are seriously listening to claims of people who say electricity makes them ill. The National Radiological Protection Board (NRPB) is carrying out a review of existing scientific studies into electromagnetic hypersensitivity (EHS).

Two studies into the condition, funded by the U.S. Department of Health as well as the telecommunications industry, are already under way.

Sir William Stewart, head of the NRPB and the Health Protection Agency, has called for more research into the issue. Some researchers believe a proportion of the population suffers from poor health (with symptoms including fatigue, severe headaches and skin problems) because of exposure to electromagnetic fields. Other scientists say there is no evidence.

The Swedish government, which recognized EHS as a physical impairment in 2000, calculates that 3.1 percent of its population (200,000 people) suffer from the condition. A recent warning by Stewart saying parents should limit their children's use of mobile phones received widespread publicity.

However, his suggestion that another section of the population, as well as the young, could have extra sensitivity to exposure to either radio frequency fields from mobiles or electromagnetic fields in general did not. The NRPB has commissioned Dr. Neil Irvine of the HPA, to carry out a review of existing scientific literature on EHS. His report, focusing on symptoms, prognosis and treatment, will be published in the summer.

The Mobile Telecommunications and Health Research Programme, funded by the Government and the telecommunications industry, is spending 8.6 million on 29 studies, two of which will investigate EHS.

A team at King's College in London will look at whether mobile phones cause symptoms such as headaches, nausea and fatigue in those who claim to be hypersensitive and those who do not.

Researchers at the University of Essex are conducting an experiment in which two groups of volunteers are exposed to signals from a mobile mast. The researchers will test if cognitive functions such as attention span and memory are affected. Half of the volunteers will be people who say they suffer EHS.

Dr. David Dowson, a former general practitioner who is now a complementary medicine specialist who said he has seen around 10 patients he believes to be suffering from EHS.

"I think the condition is increasing in prevalence, because we're living in a more electrically polluted environment," he said.

Olle Johansson, associate professor of neuroscience at the Karolinska Institute in Sweden, has been studying EHS for 20 years.

His experiments show that there is an increase in the number of mast cells near the surface of skin when exposed to electromagnetic fields, a similar reaction to when it is exposed to radioactive material.

"If you put a radio near a source of EMFs you will get interference. The human brain has an electric field so if you put sources of EMFs nearby, it is not surprising that you get interference, interaction with systems and damage to cells and molecules," he said.

Others say the condition is in the mind.
<http://news.telegraph.co.uk/news/main.jhtml?xml=/news/2005/01/24/nelec24.xml>

Scientists serious about 'electricity sickness' claims Reports by Nic Fleming, Health Correspondent (Filed: 24/01/2005)

Botulism

Children under 14 months should avoid honey!

Botulism is an often fatal form of food poisoning caused by an endotoxin produced by the bacillus *Clostridium botulinum* (*Cb*). The toxin is ingested in food contaminated by *Cb*, although it is not necessary for the live bacillus to be present if the toxin has been produced. Infants may consume spores that produce the toxin, which is associated with eating unpasteurized honey. If an infant is 14 months or younger it is not recommended to ingest any honey due to the risk that even pasteurized honey may contain enough spores to infect the infant's digestive tract, which is not yet developed enough for the acids to protect the child from such a minute amount of the toxin.

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TKM INSTRUCTORS

Get to know the TKM instructors better! We will feature an instructor in each issue of the Journal. In this issue we are honored to introduce

Dr. James O. (Jim) Robertson



Dr. James O. (Jim) Robertson holds a Bachelor of Science Degree from Ohio University, a Master of Science Degree from Illinois State University and Doctorate of Naturopathic Ministry from Trinity College of Natural Health. He is a Master Herbalist and member of the American Herbalist Guild. He is a Certified Nutritional Consultant and a Diplomat member of the

American Association of Nutritional Consultants. He is also recognized as a nationally Certified Natural Health Professional by the Certified Natural Health Professional Association. He is also certified by the King Institute as an instructor of TKM® Emergency Integrative Medicine Techniques, and he is a member of The King Institute Method Association (KIMA).

Dr. Robertson is an experienced martial artist, holding a 3rd degree black belt in Tae Kwon Do and has extensive training in Tai Chi Chuan. He is the founder of the T'sung Sen Tai Chi Program. The T'sung Sen (translated Whole Life) Tai Chi Program focuses on using Tai Chi as a form of exercise to facilitate improved overall health and healing in the body. The movements are designed to bring about full circulation of the bodies energies and fluids.

Jim has 35 years of experience in the field of education both as a teacher and as an administrator at the secondary and collegiate levels. He entered the natural health field, beginning with his study of the martial arts and exercise science, while seeking a way to overcome chronic back pain. After succeeding at learning natural methods to eliminate 14 years of chronic back pain, he turned his interest to Oriental approaches to health by studying medical qigong. When confronted with a diagnosis of prostate cancer, God called him away from conventional forms of treatment and lead him down the path of alternative health practices. He was successfully healed of the prostate cancer.

Dr. Robertson realized that there was a need to share with others the knowledge he gained while overcoming his own health challenges. So, he and his wife Melanie (a certified yoga instructor) formed Natural Health Consulting, LLC in August 2002. Natural Health Consulting is an educational ministry dedicated to the belief that our bodies were created with the ability to heal naturally if provided the right ingredients. Natural Health Consulting, LLC's mission is to help others "build health through knowledge" by teaching them to understand the workings of their body, helping them to determine their body's needs and guiding them to provide those needs as God had intended.

Together, Jim and Melanie lead a Bible Study class for 25 young couples at the First Baptist Church of Sebring, where Jim formerly served on staff as Director of Education. They are both accomplished folk musicians and enjoy performing. They have four children and three grandchildren.

Continued from page 5

Botulism differs from most other types of food poisoning in that it develops without gastric distress and occurs from 18 hours up to one week after ingestion. Botulism is characterized by lassitude, fatigue, and visual disturbances, such as double vision, difficulty in focusing the eyes, and loss of the pupil's ability to accommodate light. Muscles may become weak, and dysphagia often develops. Nausea and vomiting occur in fewer than half the cases. Affected infants are lethargic, feed poorly, are constipated and have a weak cry and poor muscle tone. Approximately two thirds of the cases of botulism are fatal, usually as a result of delayed diagnoses and respiratory complications. For those who survive, recovery is slow. Most botulism occurs after eating improperly canned or cooked foods.

For adults, honey has antioxidants and hydrogen peroxide. It stimulates the immune system and has high viscosity, which is the reason why it has been used on scraps and wounds for healing, sealing and to protect the area from infection. In rare instances the toxin *Cb* may be introduced into the human body through a wound contaminated by the organism at times from unpasteurized honey.

If honey is consumed or utilized topically, it should only be on humans 15 months or older, and a local source to reduce any possible **allergy reaction**. Plus, it's important to avoid honey made from a source you already have an allergy reaction (such as honey from alfalfa, honeysuckle, orange blossom, peach blossom, etc.) that you may have an existing allergy. Honey is good when used correctly!

Pulse Puzzle

Pulse puzzle is a regular part of each *KIMA Journal* issue for graduates of Level II and above to help learn more about pulses. The following are some abbreviated examples used in the pulse puzzles, similar to demonstrations in class.

S = Silent

L = Loud

W = very weak pulse

The numbers (1st -5th) represent the stratum texture.

FWT = Fluff with Tone.

The study example is below and the observation and suggestions are on page 10.

| | | | |
|---|----------|----------|-------|
| S | Lg. Int. | Sm. Int. | 3rd w |
| W | Lung | Heart | 5th w |
| W | ST | GB | 3rd L |
| S | SP | LV | 3rd L |
| S | DIA | BL | S |
| S | UMB | KD | S |

Think of common denominators and processes of elimination to determine options before viewing the suggestions.

Everyone's Talking KIMA-TAIK!

We've all experienced it. TKM® overload! We're excited! We're ready to go. Then it hits us – we no longer have someone to talk with about TKM®. What do we do when we have questions?

Once we start working on people, we start having incredible results. Where do we share all the exciting reports?

For those who want to talk with someone who understands, there's good news!

If you completed Level 1, 2 & 3 training, there is a forum just for you. Current members of the forum say it feels like the training seminar never ended. It's a great way to share stories, ask questions, learn something new, problem solve together, rejoice with one another and pray with over a hundred people who have a passion for TKM®.

Join us today! Contact TKI to be added to KIMA-Talk. The discussions are great. The camaraderie is excellent. And the thirst for more talk about TKM® is satisfied.

Note: When you email TKI, include your Level I, II, III training location and approximate date and your phone number.

NIH Researchers Receive Royalties Feds Failed to Disclose Financial Interest

WASHINGTON - Government scientists have collected millions of dollars in royalties for experimental treatments without having to tell patients testing the treatments that the researchers had a financial connection, according to documents and interviews.

The personal royalties are legal, though the researchers developed the treatments at government expense. But the Health and Human Services Department promised in May 2000 that scientists' financial stakes would be disclosed to patients, a pledge that followed an uproar over conflicts of interest and mistakes in Federal experiments.

The National Institutes of Health says it didn't implement a policy to order the disclo-

sure until last week, shortly after The Associated Press filed a Freedom of Information Act request.

Quite frankly, it should have been done sooner, says NIH spokesman John Burklow. But as soon as Director Elias A. Zerhouni found out about it, he ordered it done immediately.

The nearly five-year delay means hundreds, perhaps thousands, of patients in NIH experiments made decisions to participate in experiments that often carry risks without full knowledge about the researchers' financial interests.

It's hard for patients to make an informed decision when they don't have all the information, said Bill Allison of the Center for Public Integrity, which monitors the ethics of government employees. When a doctor says, "Here, try this experiment, it is safe, or it will help," and the patient isn't aware he has a financial interest in the outcome of that treatment, it in essence is taking advantage of someone by not letting them have all the information, Allison said.

In all, 916 current and former NIH researchers are receiving royalty payments for drugs and other inventions they developed while working for the government, according to information obtained by AP. They can collect up to \$150,000 each a year, but the average is about \$9,700, officials said.

In 2004, these researchers collected a total of \$8.9 million. Only a dozen received the legal maximum.

The government owns the patents, and the scientists are listed as inventors so they can share in licensing deals struck with private manufacturers. In addition to the inventors' take, the government received \$55.9 million in royalties for the same inventions and put that money back into research.

These arrangements can create concerns about conflicts.

For instance, two top managers in NIH's infectious disease division have received tens of thousands of dollars in royalties for an experimental AIDS treatment they invented. At the same time, their office has spent millions in tax dollars to test the treatment on patients across the globe, the records show.

Such research helps bring the treatment closer to possible commercial use, which could in turn bring the researchers and NIH higher royalties.

Except for patent records and scientific journals, the patients have had no easy way of learning about the researchers' financial stakes.

That's because NIH told doctors not to report royalties on their government ethics disclosure forms and did not require the royalties listed on patient consent forms until last week's policy.

Fifty-one NIH royalty recipients are currently involved in clinical research involving the inventions for which they are being paid, meaning they'll be affected by the new policy, according to the information obtained by AP.

Full story here:

<http://www.washingtonpost.com/wp-dyn/articles/A63256-2005Jan10.html?sub=AR>

[By John Solomon for the Associated Press.]

Email ResponseCorner

Nodulocystic Acne

Q. I have a client with a teenage son who has severe acne that does not seem to be resolving. He has acne on head/face/arms/back and chest that's extremely painful. Do you apply something different when acne is severe?

A. To keep it simple, acne is a skin reaction to built-up toxins in the body. Palming the calves works so well on people because it works on the lymphatic system to detoxify the body. It does not work directly on acne. Therefore, if there is a lack of proper results from proper application, then we must find the obstacles, interferences and/or sabotaging aspects of lifestyle. Accutane is one of them. It will dry a person up inside and out - sometimes severely, which really hinders a person from being able to detoxify. We also must look at hormone balance and environment. Are there many sources of electro-magnetic interference that hinders the body from healing itself? This can range from cellphones and batteries and metal jewelry in close proximity of the body for extended periods of time all the way to electrical towers near the home or even geopathic grid lines. Next we look at diet and hydration. Processed foods and chemicals (such as caffeine) produce toxins in the body. We need lots of WATER to cleanse and keep our system functioning. Proper diet and hydration go hand in hand with good bowel movements. All those toxins have to go somewhere. You need to purge yourself of the previous meals' remains. Therefore, if you eat three meals a day, you need to visit the water closet three times in the same day (and not just to urinate). For severe cases: no caffeine, carbonation (soft drinks),

Continued on page 8

Continued from page 7

chocolate, fried foods, canned foods, fast foods or iced beverages. Minimize or eliminate processed sugars and eliminate animal fats. And don't take Accutane or similar meds that dry up the body.

Drink a minimum of 1 gal. a day of clean filtered water (not with food - they can adapt to it within a week) get proper amounts of sleep daily, minimize all EMF exposures, eat about 50% of food as fresh raw vegetables and fruits daily (ideal = 80% fresh and raw, and 20% cooked) and palm calves for a minimum of 1 hour once or twice daily. Watch how fast the problem changes.

PULSES are always important to find out what could be preoccupying the energy applications. The Rhus tea has shown to be a good additive for skin problems. Stomach seq., Spleen seq., and R&R 1st and 4th stratum.

Continued from page 4

A study by Dr. Croley, PhD, who has provided additional consistent physical evidence of the energy pathways and energy points, has demonstrated the physical differences in the dermis and epidermis between non-energy sphere loci and precise energy sphere loci. The slide on the back cover of this issue is a 100x specimen indicating some of the differences at an energy sphere loci (center point), which Dr. King further explains in the level 1-6 textbook classes on The King Institute Method. See back cover for the actual slide.

Studies released in the last quarter of 2004 by a physicist, Cyril W. Smith, in England measures each primary point on each pathway and provides a comparison. See Table 1.

These are generalized that apply to all severe cases. There are many other things to consider, for instance females should consider if their make-up and skin care products can be an obstacle or cause) Hope this helps!

Blessings!
Glenn King

Q. We have a family member with a mass/obstruction in the duct of her pancreas. We have the self-help manual. Could you please help us with a sequence method? The index gives us 4 pages to refer to. Do we do all 4 or is there a particular one that is more effective? Any help will be greatly appreciated.

A. When searching for a TKM organ energy sequence related to the pancreas, you will not find one in chapter 9 of the textbook. Although, the spleen sequence is basically synonymous with the pancreas functions. Therefore, the spleen sequence is very important, and the right spleen sequence is a direct relation to the pancreas. Other directly related sequences are the left #14 sequence, right #5,6,7,8 sequence and right #9 sequence. With these in consideration, the sequence that will probably be the most helpful for this situation is the "Special Body Function Energy of 1st Stratum" in chapter 12 of the textbook. Apply the left sequence thoroughly and repeat until resolved.

Continued on page 12

Table 1.

**Typical Endogenous Frequencies on Acupuncture Meridians (Energy Pathways)
Showing The Wide range Encountered.**

| <i>Pathway</i> | <i>Point</i> | <i>Low-band Frequency</i> | <i>High-band Frequency</i> |
|-------------------|---|---------------------------|----------------------------|
| Lung | 22 (LU-1) | 0.48 | 24 |
| Large Intestine | Index finger (path start, i.e.LI-1) | 0.055 | 2.7 |
| Stomach | 2nd toe (path end, i.e.ST-45 right) | 0.044 | 22 |
| Stomach | 2nd toe (path end, i.e.ST-45 left) | 0.44 | 2.2 |
| Spleen | Big toe (path start, i.e.SP-1) | 0.055 | 2.7 |
| Heart | Little finger (path end, i.e.HT-9Ant) | 7.8 | 380 |
| Small Intestine | Little finger (path start, i.e.SI-1pos) | 0.025 | 1.2 |
| Bladder | 5th Toe (path end, i.e. BL-67Lat) | 5.5 | 270 |
| Kidney | Front mid 6 (path start, i.e. KI-1) | 0.00095 | 0.047 |
| Diaphragm | 13 (Lateral, i.e. PE-1) | 0.25 | 13 |
| Umbilicus | Ring finger (path start, i.e.TW-1pos) | 6000 | 300,000 |
| Gallbladder | 4th Toe (path end, i.e. GB-44Pos) | 0.05 | 2.5 |
| Liver | Big toe (path start, i.e.LV-1) | 4.8 | 240 |
| Ascending Median | 11 Median level (TV-1 or GV-14) | 4.3 | 149 |
| Descending Median | ST. & Median (Cross of - at lower lip) | 14 | 730 |

Note that the stomach path is anomalous. Its frequencies differ by a factor of 10 as measured on the left and right feet respectively and the ratios differ by a hundred, however their geometric mean fits the ratio. Omitting the stomach path, the mean ratio of high-band to low band frequencies is $4.88 + 0.42 \times 10^1$ (+ 8.6%) and the paired-values correlation coefficient 0.9953. This is not quite as good as given by other points tested (for meridians - Ting points).

Article continued on page 13

After I explained how I thought TKM might help, she decided to give it a try. We completed three sessions during which pulses were first balanced; then we worked on 9's, 13's and 8's.

She started menstrual flow three days after the first TKM treatment, which consisted of Spleen to balance pulses and #9L for her project. She planned to have one session a week with me but her work schedule interfered and she was two weeks late coming for the second session. In that session, only #13 was applied.

Again, she was not able to return in a timely manner and it was another two weeks before I saw her again. While she had completed a normal menstrual flow, she was having trouble sleeping, waking up between 1:30 a.m. and 1:50 a.m. nightly. When I read her pulses, the Gall Bladder was silent. So, I applied the Gall Bladder sequence, and the pulses balanced. I then applied #9R for her project.

She returned two days later reporting that she was sleeping through the night. Her pulses felt good, so I applied #8 as we continued to work on the fertility project.

She made another appointment for two weeks later, but she cancelled a few days before she was to come see me. She had found out that she was pregnant!

In summary, she received her first TKM session on Apr. 12 and began a normal menstrual flow on Apr. 15. Follow up sessions occurred on Apr. 23, Jun. 7 and Jun. 9.

Faith Elizabeth was born Jan. 7, 2005 by Cesarean section. Her parents credit the Lord for blessing them with TKM and a true child of faith.

Submitted by Dr. Jim Robertson
Sebring, FL

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Sequence for Revitalizing Spleen Energy Extraordinary for the Immune System and CNS

The diagram illustrates Left sequence energy spheres only, refer to (figure A-1).

This application can usually be applied on one's self easily.

For best results:

Preparation: Comfortably lay down or sit and simply relax, or go to sleep if someone is applying this to you. Be comfortable applying the sequence. For best results remove all metallic objects from the body and from clothing. 100% cotton clothing is best suited. When visiting, do the best you can.

Length of time: Hold each step (location) an average five minutes or up to twenty minutes if needed.

Application: Use the pads of the fingers (palm side) of the first three (index, middle, & ring) to apply contact with each location. Or, you may use all fingers (pads) if desired.

Always hold two locations when applying a sequence, one with each hand. **Important:** Pressure is not necessary to achieve results, in fact, it may inhibit the process. Contact is all that is needed to stimulate energy circulation (conductivity).

When to apply: Morning, before rising, and evening before sleep, unless more is needed. Sequence usually takes 30 - 45 minutes for proper results.

LEFT Sequence,
sit on **Left** side of their body.

| Procedures For Hands | (to) | Position On Body E.S.'s |
|----------------------|------|-------------------------|
| step 1 left | to | left 5 |
| and right | to | coccyx (tip) |
| step 2 left | to | right 14 |
| step 3 right | to | left 13 |
| step 4 right | to | right 22 |

RIGHT Seq.
sit on **Right** side (not illustrated)

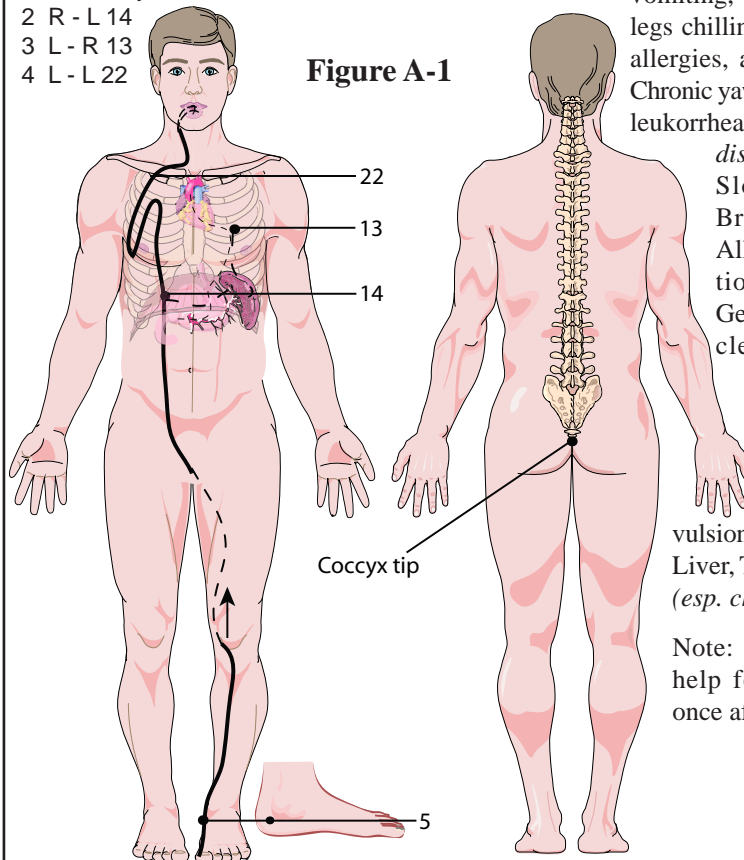
- 1 R - R 5
- L - Coccyx
- 2 R - L 14
- 3 L - R 13
- 4 L - L 22

SYMPTOMS RELATED TO SPLEEN ENERGY
The spleen energy is vital to the proper functioning of the central nervous system and the **Epi-dermis** (skin surface), the **stomach** and **spleen** organ and energy. It is related to the repression or over expression of **worry**.

A list of related symptoms that this sequence helps are: Swelling of the thighs and knees on both sides when standing up; scanty urination and the occasional lack of urination, general sense of fatigue, a stifling heavy sensation in the epigastrium or upper abdomen, loss of memory, tightness, hardening or pain at the root of the tongue, nausea, constant belching, tightness in the abdomen, difficulty in getting food to descend into the stomach, nausea after eating,

vomiting, diarrhea, constipation, legs chilling, jaundice, insomnia, allergies, and recurring hiccups, Chronic yawning, body feels heavy leukorrhea discharging (*female discharge*), Staph germs, Slow viruses, Herpes, Breast projects, C.N.S., All nervous system functions, Chronic fatigue, General fatigue, any muscle deterioration projects, strengthen muscles, Pancreas, Yeast infection, Candida, Runny nose, adult epilepsy, Convulsions, sugar balance, warts, Liver, Temperament problems (*esp. children*).

Note: For digestion and to help food descend: Apply once after meals.



Testimonial Corner

This is an update on Irene (diagnosed with SMA)

Dr. King,

“Below are two pictures, The “before” picture is put together out of two pictures because I never took a picture of her feet together from the back. Although I never really worked on her feet as a project, this all happened as a result of reading her pulses and body biography. The left side suffered the most damage, but as you can see, little by little it’s getting better. At least we know after ten months, that it’s happening for sure.”

Here’s the background story: In November 2003, the neurologist who diagnosed Irene in Houston told her mother, Lety, **“Only about 50% are still alive after 2-3 years old.”**

In December of 2003, Irene’s pediatrician said, **“Don’t get your hopes up.”** He didn’t think she would live long. She was still recovering from taking Valproic Acid for 10 days.

In February 2004, I took Irene to the pediatrician and he could tell that she was getting weaker. She had already quit taking steps and her breathing was bad during the night. **He gave me a hospice card and wrote the name of the other SMA baby who had died at 9 months of age.**

Later in February 2004, Lety took Irene to a speech therapist because she choked whenever she tried to drink, even water. They discovered that she wasn’t chewing her food and that she couldn’t move her tongue in different directions. She wanted Lety to take Irene to a specialist who would analyze her swallowing muscles. She said that they would give her barium to check her that way. Lety said she never took her to that doctor.

In March 2004, after beginning TKM, Lety realized that Irene could eat chunky food already. She could not roll over her blankets yet, but Lety told the pediatrician that Irene could stand. Lety said he “basically ignored us and wasn’t interested in what she could or couldn’t do. I never took her to him again.”

In July 2004, Lety asked Irene’s physical therapist when the child could start to walk independently (she had already started walking with a toy lawn mower). But the PT said, **“She will never walk again.”**

“That was the last time we went to her, too. I recently let her first neurologist know that she was still alive. I don’t know if her pediatrician knows or even cares. Irene is doing great and steadily improving in so many areas,” Lety said.

The latest reports say Irene has improved tremendously and is even improving in areas that have not been directly worked on with TKM, like her feet and ankles.

Irene is another precious little girl who has been a blessing to the King Institute, Inc. while helping her with TKM. Lety has expressed an interest in becoming a TKM instructor one day and is available to help people in need in Houston. TKM has definitely changed lives in this family.

I will sing of the mercies of the Lord forever. With my mouth will I make known Thy faithfulness.

NOTE: Please view the photo on the back cover of this issue!

Pulse Puzzle Suggestions:

(From page 6)

Observation: The 6th stratum is silent and the 3rd stratum needs obvious help. All 12 need help and are very weak (lack of energy).

One could work with 4th stratum, spleen or #1 for the lack and weakness, although it appears that would be working symptomatically. It looks like a problem between the 6th and 3rd stratum bridge (ref. the lumbar circle relations). Whenever there is a problem with the bridge of 3rd and 6th, always work on 3rd to receive, and gallbladder is the 1st (in 3rd stratum) to receive energy from the umbilicus in 6th stratum.

Suggestion: Apply the gallbladder sequence followed by the umbilicus sequence (for the bridge connection and circulation) then the 3rd sequence for correcting the trinity energy to strengthen the bridge. Finish with the mediator sequence to re-establish balance with the new supply to all stratum. Now check pulses and see!

Summary: Apply gallbladder, then umbilicus, then 3rd Method, then mediator and it should help the bridge and everything else.

I hope these examples are helpful. Be blessed!

The Transforming Power Of TKM!

TKM is life changing and transforming. As I use TKM on myself and on those I work with, I am continually amazed at how deeply it touches lives. We might think we are applying TKM for a certain condition or project. But then we find out how totally transforming it is. It not only changes the immediate physical need but also physical needs we may not even have been aware of. And it dramatically impacts our emotions and state of mind for the better.

I think of the 15 year old young man who never smiled. Every time I had the opportunity to see him, it was all doom and gloom. After doing the Median Self Help Sequence, he literally glowed. I knew the moment I saw him, he had been doing TKM. I asked him if he was happy, and his face lit up. I don’t think he had ever experienced such happiness.

I think of the mothers with whom I’ve worked. These are wonderful women who work with children who have brain injuries, health issues, chromosome disorders, Autism, CP, learning disabilities, bi-polar and many other concerns (the list goes on). These moms know how to pray. These moms work long and hard and often have to be the motivation for their children. They have to keep going, and they have to encourage their child to keep going. Sometimes the never ending strain and the never ending days have left the moms in depression. I have seen they may have lost hope.

But the Word says hope is the anchor of our soul. Hope deferred makes the heart sick. When hope is lost, depression easily sets in. Some entertain the thought of suicide. Living in the trenches day after day, with your child that you love so much, is not easy for these families. Moms especially need others to stand with them, to encourage them and to be there for them. I am amazed to see the depression and the suicidal feelings fade or disappear when the moms consistently do self-help TKM. Over and over, the moms tell me they have more energy than they have ever had. They no longer battle fatigue. The depression has slipped away, and their hope has been restored. They have a renewed excitement about life.

I think of the moms and dads who have turned around negative attitudes and have wiped away discouragement. Some who had stress, tension and unrest have replaced them with renewed faith, peace and calm. TKM has helped burdened minds become free from painful memories. Dr. King teaches the state of the personality is dependent upon the condition of the 26 energy spheres. Trauma, insult and injury will constrict energy from flowing properly. The domino effect of the constricted energy then invades every area of life physically, mentally and emotionally. TKM works to bring circulation to condensed, restricted energy flow and thus restore the body to physical, mental and emotional health. When the energy spheres are healthy, the personality, attitude and outlook on life are all healthier. When we are healthy, our spiritual lives will be stronger. There will be less bondage, less interferences and increased clarity. I have seen many who are walking in a closer relationship with the Lord since applying TKM.

To say TKM is life changing and transforming is really an understatement. To say it helps free us, so we can be about what the Lord would have for us to do, is absolutely the truth.

- Linda Kane

A forwarded e-mail from a listserv we at the Institute have never heard of that works with parents of children with mental challenges. The forwarder wanted us to know how much TKM is spreading to organizations and helping people we've never heard of before.

"Some of you are new to this listserv and you read about TKM and wondered what it is or ignored it because you think it doesn't apply to you. I just want to encourage you to check it out ASAP. It is something wonderful that you can use right away. You can start learning about it from the web site www.kinginstitute.org

I remember reading about it on this listserv over a year ago, and I just ignored it because I thought it didn't apply to me. Then for some reason, curiosity I guess, I checked it out and lo and behold, it is something that we need and we're using. I'm very thankful for what I have learned so far. We haven't gone to a class yet; we just bought the books and video and started trying it. We've decided we're attending a class in April.

So everyone that hasn't checked it out, look into TKM. You will never regret it! Have a great day from Puebla, Mexico"

Here is another testimony from a listserv for parents of Down Syndrome children and other serious challenges. I just wanted you to be encouraged that people are getting so much help from TKM.

"I'm new to the list but found out about TKM through a friend on a Down Syndrome list. I got started trying to avoid a surgery for a hernia on our little one. Even without any training, it's working! His hernia is at least 50% better. I'm convinced it would be a whole lot better if I work more consistently. I'm stumbling along.... But, I'll be going to one of the TKM self-help and the Level 1& 2 classes soon. I can't wait!"

Here's a mini-testimony. Warning: some readers might find the following material too graphic. We advise reader discretion :)

I've suffered with nasty boils on and off my whole life. I recently started exercising again and my naturopath warned me to expect to see a break-out. I hadn't had any in 1/2 a year, but sure enough, the same day I began a serious exercise program a boil formed. I'm 42 now, and they NEVER heal in the same day and ALWAYS get very nasty over the course of at least a few days.

I looked up in the TKM Self-Help manual to put my right hand over my left and then over the boil. I only did it two times for about five minutes each. It came to a small head and then dried up that afternoon. No suffering pain and discomfort for several days. This has NEVER happened for me! TKM is truly incredible! Thank you Lord!!

This is not only a testimony but a great case study from Dr. Robertson, a TKM Instructor for the King Institute, Inc.

During the past year, I worked with a 33 year old woman who is a member of the Bible Study class I facilitate. She came specifically to see if I could help her with the irregularity of her menstrual cycle. She said she and her husband had a deep desire to conceive another child.

She had not had a regular cycle since puberty and indicated that their first child was a gift from God. Their daughter is now six years old, and they tried to conceive again for about 3 years with no success.

Her menstrual cycle was very erratic. She often went months without a cycle. I knew that she was becoming more and more discouraged about having another child, and I had watched her display mixed feelings as other young women in the Bible Study class announced their pregnancies or brought their newborns into class for everyone to see.

While she is a loving Christian woman and was sincerely happy for her friends, I could read the disappointment on her face as she was reminded of her own inability to conceive.

When she came to me to see if TKM would help, we began our session by discussing Scriptural verses that told of conceptions and births, especially the story of Elizabeth and how she conceived late in life and gave birth to John.

Continued on page 12

EPA Charges DuPont for Hiding Information on Teflon Health Risks

The *Chicago Tribune* released an article in January saying Federal officials accused DuPont, the makers of the Teflon, of concealing information on the health risks the stain-resistant substance poses.

Perfluorooctanoic acid, or PFOA, has been used in the manufacture of hundreds of products, including non-stick cookware. Environmental regulators were alarmed when scientists found PFOA in the blood of people around the world.

The U.S. Environmental Protection Agency has reported in the past that exposure even to low levels of PFOA could be harmful. "Industry tests later determined the chemical accumulates in the body, doesn't break down in the environment and causes ailments in animals, including cancer, liver damage and birth defects," the article said.

Even though the EPA currently cites no reason for people to stop using products containing PFOA, it has asked an outside panel of experts to assess the risks.

Generally, questions about the potential health risks of certain chemicals don't come to light until many years after the chemicals is introduced to the market. And with limited or no government regulation at all, that's not at all surprising. The problem stems from environmental regulators relying too much on companies to regulate themselves. However, history has shown many instances where profit tends to be a higher priority than policy.

In the late 1990s, a lawsuit was filed against DuPont when a West Virginian family suspected chemicals from a landfill near a Teflon plant made their way into their pastures and killed their cattle. The law suit was settled for an undisclosed monetary amount to avoid blame for the dead cows. However, the legal battle uncovered a revealing industry document on PFOA.

One document said DuPont scientists began to warn company executives to avoid contact with PFOA as early as 1961, thus the recent Federal accusations against the company.

DuPont's lawyers say the information was not obligated to review since PFOA is not considered a toxic chemical and doesn't pose a "substantial risk." But if found guilty of illegally withholding information, Dupont face more than \$300 million in fines.

The rest of this fascinating article can be found in the archives at www.chicagotribune.com or in the Environmental News Network archives at www.enn.com.

Continued from page 8

Q. I'm curious. When my pulses are balanced and I do a "bonus" sequence on myself, the stages of transformation move through more rapidly and come to balance quickly, usually seems less than one minute. Is it more beneficial for me to hold the points for a longer period of time such as 3-4 minutes each, or should I move to the next point at balance?

A. This is normal! I highly suggest to remain holding each step for 3-4 minutes if the sequences are important to you and if you have time. It will be more beneficial to you.

Q. Has anyone dealt with **Creutzfeldt-Jakob disease**?

A. *Creutzfeldt-Jakob disease (CJ)* is named after the German neurologist who discovered it, Hans G. Creutzfeldt (1885-1964). It's a rare and fatal encephalopathy caused by an as yet unidentified slow virus. The disease occurs in middle age, and symptoms are progressive dementia, dysarthria, muscle wasting and various involuntary movements such as myoclonus and athetosis. Deterioration is obvious week to week. Death ensues, usually within a year according to the medical research. It's the human variant of mad cow disease. Transmission between humans is unusual, but the disease has been observed years after exposure to needles, instruments and electrodes previously used in the treatment of a patient with the disease. Isolation is not necessary, although special care in disposal or sterilization of potentially infective items is always necessary. The disease has also been termed as Spastic Pseudoparalysis or Spastic Pseudosclerosis.

We do not have a particular case treated to refer to, although if a case presented itself the following would be in order. First, it's vital to emphasize balancing the pulses and keeping a chart of the pulses. Second approach is to treat it like any other slow virus. Medical science has no cure or effective treatment for any slow virus. The medical community thought of all slow viruses is incurable and without treatment. There are many testimonies of the reversal of slow viruses through proper use of TKM. The basic approach is to apply the following consistently in the recommended timing.

Recommendations:

Spleen sequence
#23,25 sequence
#13 sequence
Median plumbline
R&R 4th stratum

All of these sequences need to be applied twice daily for 6 weeks. Then, R&R 4th stratum can be applied twice weekly and the remaining should be applied once daily for two months. Then, all applications should be applied twice weekly for 2 to 3 months depending on the severity of the case.

Q. I did TKM on a man with restless legs who tried nearly everything anyone told him, but without success. He was able to sleep just after one TKM treatment. I suggested #2 and #15 as a follow through to deal with "leg stuff." Should I encourage something else? He's in Alaska, so pulses are not an option, but he does have someone who can work on him. He's done all the mega doses of magnesium, B-6 and zinc and herbs, and I'd like to help with TKM.

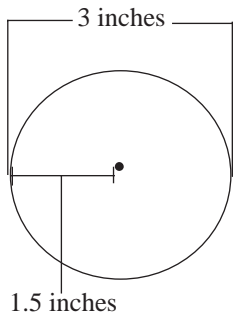
A. I would include the #9 sequence and #5,6,7,8 sequence. I would also have him check to make sure his bedding is 100% natural fiber and if he wears any metal objects on pants, in pockets, a cell phone, beeper, keys with batteries, lots of coins, large metal belt buckle or other objects or devices that are metallic or produce EMF (like sitting next to a computer on a regular basis). Other than these interferences, it would be wise to check to see if he is sleeping on a geopathic grid line or if GGL is at any of his daily locations that he remains stationary for long periods.

Continued from page 8.

The TKM Energy Sphere

The universe we live in is not a chemical universe; it's an energy universe. We know we're spirit living in flesh, but what is flesh, or anything else for that matter? It's energy! Everything is comprised of protons, neutrons and electrons that oscillate and produce enormous amounts of energy. All of these tiny, dancing sources of energy are not really particles, but we label them that way. Large spaces exist between these particles, and they produce the appearance of every type of matter when there is enough of them orderly collected together.

Chemicals are further down the chain because they are matter. Chemicals are a by product of the order of energy gathered together. It all comes back to energy! This should actually help us better understand that, other than the spirit, all of what we can see, hear, touch, smell and taste are an illusion created by energy oscillations that create atoms, molecules and all animate and inanimate matter. God created light, and light is energy. God created all forms of energy and matter from it. So, if you feel sluggish, just understand that sometimes we get bogged down in the mud and need some help and patience.

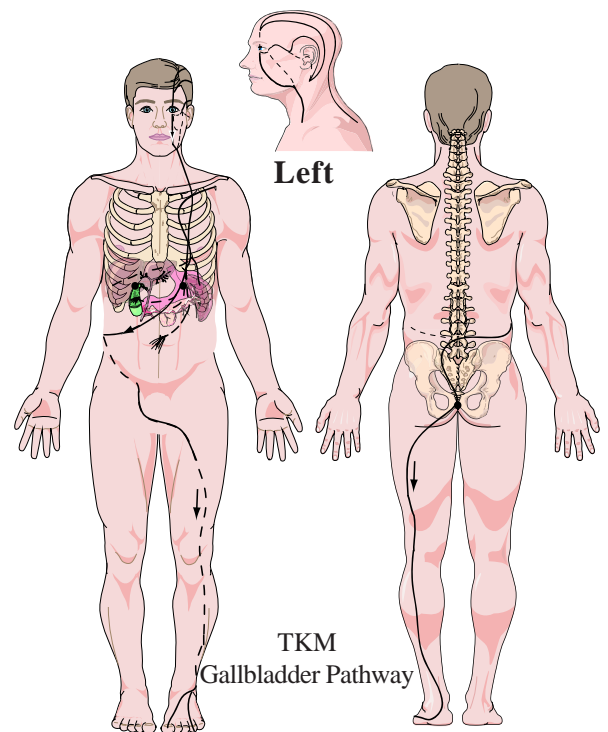
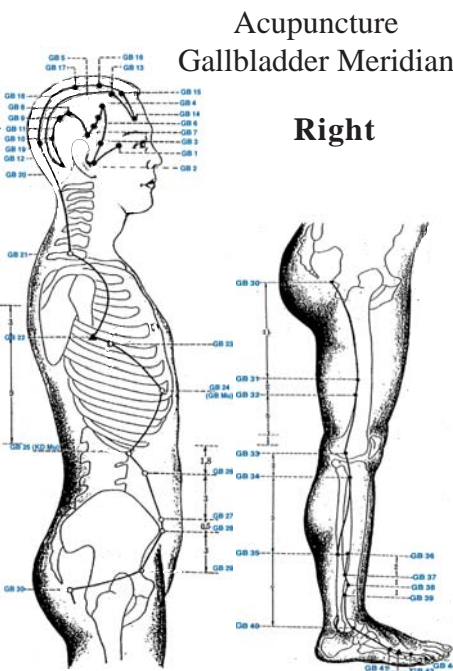


The 26 basic energy sphere points in TKM are very precise pinpoint loci throughout the body. Although there is a precise microscopic center, they have an approximate 3-inch diameter of effective stimulation area, as illustrated. The actual slide of an energy sphere at a 100X magnification is shown on the back cover of this issue.

Acupuncture Meridian verses TKM Pathway

There are both differences and similarities between the ancient acupuncture meridians and the energy pathways of The KI Method. The main point to establish is they are not the same schematic, not the same timing and place of functions in the body.

One clear distinction between the two is a meridian pathway never crosses the midline of the body. Almost all TKM pathways cross the midline at least once. The timing of a meridian focusing on a particular organ is similar to TKM since this pattern is for two hours every 24 hours, but it's different. For example, the gallbladder meridian: from 11pm to 1am, the gallbladder (GB) meridian energy is focused on the GB organ and other relations to the GB pathway. The KI Method GB pathway primary focus on the GB organ is midnight to 2 am. Although there are similarities, the two systems are separate with individual functions. The diagrams to the right illustrate differences between acupuncture's GB meridian and the TKM GB pathway.



Health Tips

Tylenol Depletes Glutathione

Tylenol Depletes Glutathione (major detoxifier for the body) and is hard on the liver.

I know doctors recommend Tylenol all the time, especially when we take our children in to be vaccinated - which sets them up for more detox problems. If you are going to use a pain reliever, use others if you must - but not tylenol. That is what I now recommend to our families. But the best choice remains to be The KI Method for pain.

Example:

It is such a joy to be able to help those in pain. A sweet lady in our church was in bed because of a herniated disc.

I went over Saturday afternoon to her house and among other things did "Above, Below & On" - by the time I finished, her pain was greatly reduced. When I started, it hurt so badly, you couldn't touch the vertebrae because of pain and she couldn't lie flat on her back. By the time I was done, she was able to tolerate touch and was up walking around PTL for this gift of TKM.

Kay

Another illustration on the scientific advancements in researching energy is the "scales of the universe" on page 14. This illustration presents information in several different scientific languages. We hope this will be of some help to those who have an interest in the mathematical aspects or the scales for comparison to similar ranges.

In future issues, we will provide additional research for information, not validation, which provides a better understanding of why the energy systems are so vital and how TKM is so extraordinary in re-establishing coherence in the energy systems in the human body as well as in animals.

The Scales of the Universe

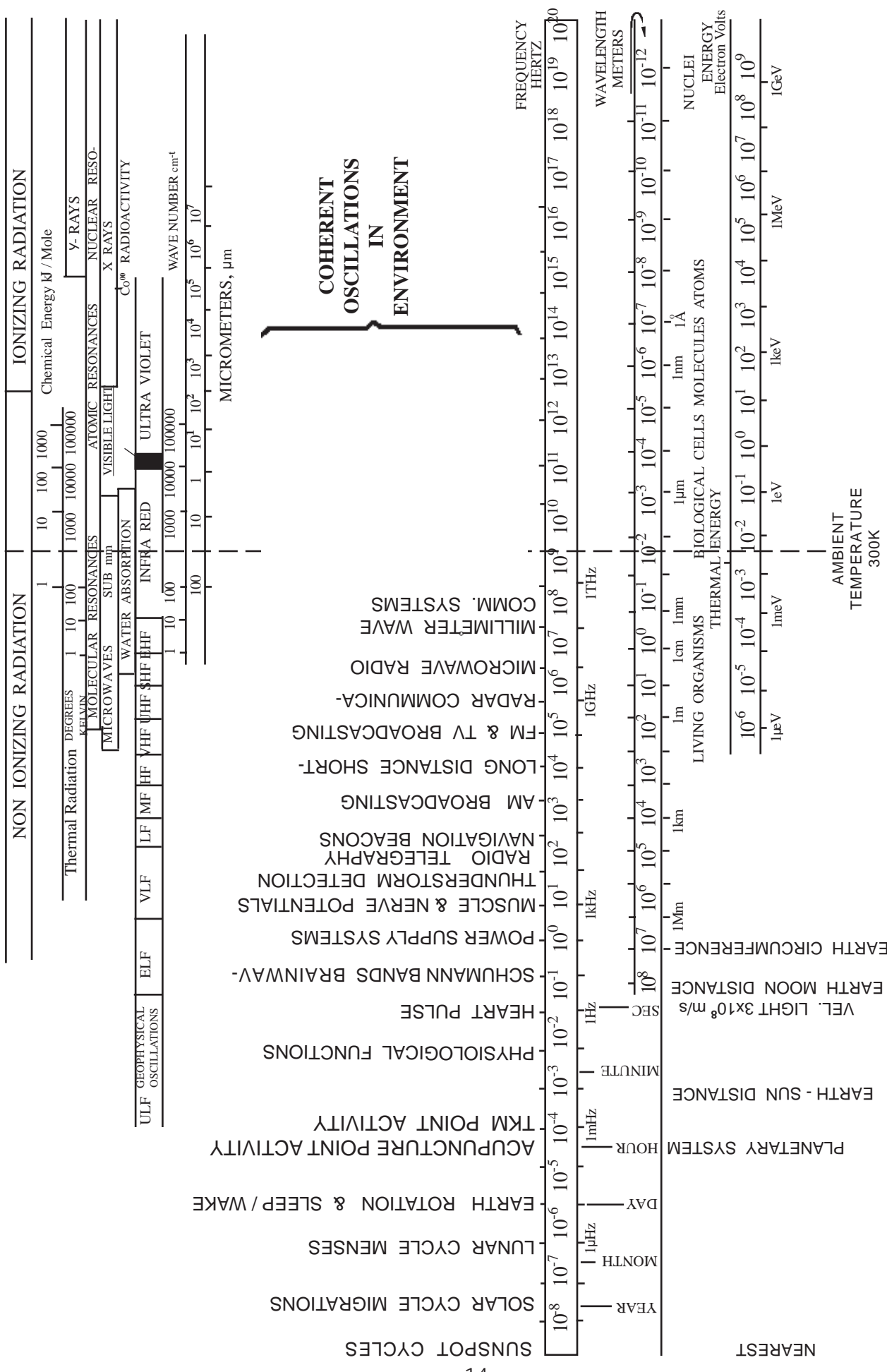


Figure Z: The Scales of the Universe: This illustrates the general relations between the time and distance scales of the Universe, decreasing from right to left. The year correlations with the seasons and animal and bird migrations; the day with sleeping and waking cycles; the second with the heart beat, etc., through the other coherent oscillations in the environment. In the vertical direction, the descriptive scales are for the non-scientific reader, the various numbered scales are to enable the scientific specialist to correlate the scales to a particular scientific discipline. Few people speak all of the 'energy languages' of science.

THE CLASS SCHEDULE

Additions or changes in schedules are subject to change without prior notice.

To check up-to-date schedule, visit our event calendar on-line at: www.kinginstitute.org

We invite you to visit our website at www.kinginstitute.org and click on the Events link to see the latest training and lecture events available.

Healthy Eating!

Stir-fried Spinach with Garlic and Sesame Seeds

The sesame seeds add a crunchy texture that contrasts well with the wilted spinach in this easy vegetable dish.

Let's start with gathering the ingredients (serves 2):

1/2 bunch of fresh spinach, washed

1 1/2 tablespoons sesame seeds

2 tablespoons of your preferred vegetable oil.

(The recipe traditionally uses peanut oil, but I'm not in favor of peanut oil. I prefer safflower or canola. I don't recommend olive because it has a much lower burning point.)

1/4 teaspoon sea salt

2-3 garlic cloves, sliced (not crushed)

Tip: Take care when adding the spinach of possibly splashing scolding oil droplets.

1. After cleaning the spinach well, shake the spinach to get rid of any excess water. Remove the stalks and discard any yellow or damaged leaves or sections of leaves. Lay several spinach leaves one on top of another, roll up tightly and cut horizontally into wide strips. Repeat with the remaining leaves.

2. Heat a wok to medium heat, add the sesame seeds and dry-fry, stirring constantly, for 1-2 minutes or until golden brown. Transfer to a small bowl and set aside. If the sesame seeds burn, start over again.

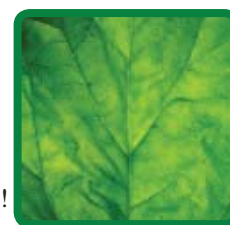
3. Add the oil to the wok and swirl it around to cover the surface. When it becomes hot, add the salt, spinach and garlic and

stir fry for 2 minutes, just until the spinach wilts and the leaves are coated in oil.

4. Sprinkle the dry-fried sesame seeds on top and toss well. Remove immediately from the wok into a serving dish and serve while fresh from the wok.

For many, this is a meal in itself without any side dishes. If you are having other dishes, have them prepared in order for the meal to be served when the spinach with garlic and sesame seeds is ready to serve.

Quick and healthy eating! Enjoy!



SPINACH Facts

19th century cookbooks called for boiling spinach for 25 minutes!

Spinach is believed to be of Persian origin and was introduced in Europe in the 15th century. Since the early 19th century, spinach has been a versatile and commonly used vegetable in the United States.

Spinach was the first frozen vegetable to be sold.

SPECIAL NOTE - Iron and calcium in plant foods are not highly absorbed by the body. Spinach contains a chemical called oxalic acid, which binds with iron and calcium and reduces the absorption of these minerals. To improve iron absorption, spinach should be eaten with vitamin C-rich foods such as orange juice, tomatoes, or citrus fruit.

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Jesus opened His arms wide and welcomed all who were weary and burdened, and He healed them and gave them rest. We invite you to join us in this greatly needed ministry by giving and allowing us to keep our arms open to everyone who needs help. God bless you for your kindness and generous response!

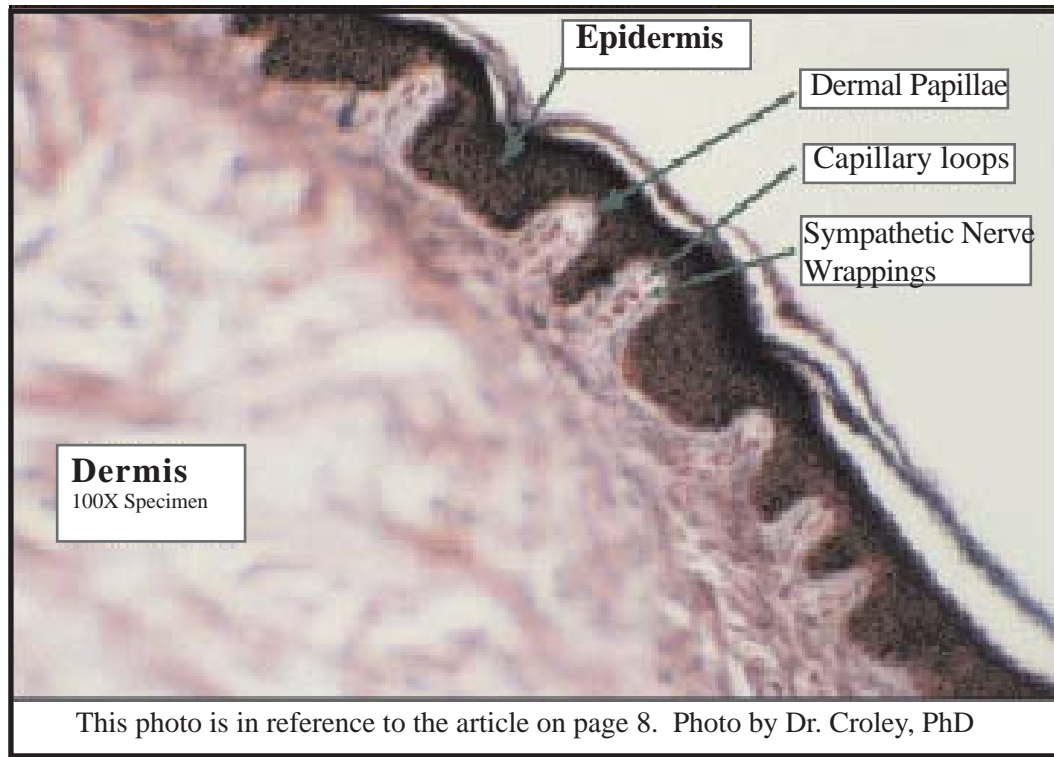
Your grateful servant in Christ,

Glenn King, PhD
Director

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We hope you have enjoyed this issue of the *KIMA Journal*. For comments and suggestions, contact TKI@kinginstitute.org
Thanks and God Bless!

Photo to the right is in reference to the article on page 10. A 100x magnification of an energy sphere point.



SEEING EARTH'S INVISIBLE MAGNETIC REALM Synopsis

The first large-scale pictures of the hidden machinations of the Earth's magnetic force field are now available thanks to NASA's IMAGE (Imager for Magnetopause to Aurora Global Exploration) spacecraft. These images increase our understanding of Earth's space weather, which includes interactions between the sun, solar wind, and Earth's fluctuating magnetic fields. Features such as an invisible tail were predicted, but other structures leave scientists with new questions to answer.



NEW ENERGY SOURCE TAPS POWER FROM BLACK HOLE SPIN Synopsis

Black holes in space are notorious as the ultimate consumers, swallowing everything that crosses their paths, but scientists for the first time have seen energy escape a black hole. Magnetic fields surrounding a black hole take energy contained in the black hole's spin and transfer it to surrounding gas, generating power like a massive celestial flywheel. The black hole power transfer makes the gas, already intensely hot due to the crushing force of the black hole's gravity, even hotter. An international team of astronomers observed the novel "power tapping" around a super massive black hole in the core of a galaxy named MCG 6-30-15 using the European Space Agency's XMM-Newton X-ray satellite. The observation also may explain the origin of particle jets in quasars, remote celestial beacons that shine with the light of trillions of Suns and are thought to be energized by super massive black holes.